



# What's in Your Pocket?

February 24, 2012 By [POZ Staff](#)

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**By Giovanni Vitacolonna (Circulation Supervisor, Smart + Strong)**

Young heartthrob Zac Efron made headlines for dropping a condom on the red carpet while attending the premier of his new movie, *Dr. Seuss' The Lorax*.

While I'm not exactly sure why this is breaking news -- and the jury is still out on whether or not this was simply a publicity stunt on the part of the actor and his publicist -- I do applaud the 24-year old Efron for reminding his fans and the rest of the world of the importance of playing safe.

Having one's name associated with safer sex isn't a bad thing -- perhaps [Ashton Kutcher](#) should take note.

*Watch the video:*

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