

Writing Again

February 1, 2012 By [Shawn Decker](#)



Writing is one of my favorite things to do- when I'm inspired. When I'm not I've learned not to push it. It's why this blog goes through dry spells. Do I like sharing my life? Yes. But not so much when I'm not in the mood to write. Which can be often.

Lately, I've really gotten into writing again. Old school. With a pen and notebook. It's a creative project, I'll share details if anything ever comes of it. I know, that's a tease. But I wanted to enter 2012 sharing more details of my life and I'm happy to report that one of the great joys of my existence has found it's way back into my daily routine.

On a personal health note, I've succumbed to one of the bugs that's been going around town. Fortunately it's not the "flu-like symptoms" one that some friends have been felled by. Mine is just the annoying sinus drainage, sleep ruining type. A constant minor headache accompanied by lethargy. What's most irritating is that it has kept me from writing and going to the gym. It didn't keep me from watching the Royal Rumble, though. So it isn't that bad in the grand scheme of things. I'm just taking my time and resting up for a trip that's right around the corner.

Hope this finds you all feeling well and doing whatever it is that you love to do.

Positively Yours,
Shawn
