World Hemophilia Day

April 17, 2009 By Shawn Decker

Today is World Hemophilia Day! If you'd like to observe the 20th anniversary of World Hemophilia Day here's what you can do this weekend.

- Hug a Thinblood: Not too tightly, but not too soft, either. Cyberhugs are good, too.

- Donate Blood: People with bleeding disorders rely on blood products. It's safe and easy to donate!

- Punch Yourself In Nose: PLEASE NOTE... This is only for Thickbloods. Pretend the bleeding won't stop for a while, and empathize with Thinbloods. *(Please Don't, actually.)*

World Hemophilia Day really snuck up on me this year. I've slept half the day away, and now I gotta go play catch up. My advice to fellow Thinbloods- take full advantage of today! If there is someone you are pining for, they have to go out on a date with you. Especially if you show up in the suit pictured with a dozen roses... be creative in how you exploit this!

And no, Decker's Daily wasn't launched on Monday to rack up sponsors today. Though I was shocked to have gotten 8 days of coffee- more on that later... for now, I gotta get out of the house, grab a cup of joe, and scream to the world: "I am Thinblood, hear me roar!"

Positively Yours,
Shawn

Share the Blog. *Not the Virus.* **Shawn's Website Read Shawn's columns Buy Shawn's book Treat Shawn to Coffee**

© 2026 Smart + Strong All Rights Reserved.