Women Growing Older with HIV: Get Facts, Speak Out

Read and share selections from our collection of resources and personal stories related to women growing older with HIV – on National #HIVandAging Awareness Day and every day.

September 18, 2021 By The Well Project

This post originally appeared on and can be read in its entirety at The Well Project.

Many people are living long, healthy lives with HIV – well into older adulthood. People over 50 make up about one in every six people diagnosed with HIV in the US and there are many thousands of young adults (many in their 20s and 30s) who have lived with HIV since birth or very early in life. Additionally, there are many women in between, who are aging with HIV and don't fall into either of the above categories. Numerous women in The Well Project's community identify with these varied experiences.

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Personal Stories

- 9 By 49 (Red40something)
- Ageing positively (HIVstigmafighter)
- My Journey Aging with HIV (Nancy Duncan)
- Aging with Family, Community, and HIV (KatieAdsila)
- Who Ate My Brownies and Other Philosophical Questions! (Susan)

Fact Sheets

- Aging and HIV
- Long-Term Survivors of HIV (includes slide deck)
- Women with Early Acquired HIV
- Older Women, Sex, and HIV

Videos, Presentations, and Reports

- A Girl Like Me LIVE Episode 8: Honoring National HIV/AIDS and Aging Awareness Day – September 8, 2021 - with Ciarra “Ci Ci” Covin, Gina Brown, and Porchia Dees
- A Girl Like Me LIVE Episode 1: Honoring Long Term Survivors on the 40th Anniversary of HIV/AIDS
- As We See It: Wisdom and the Unique Experiences of Women Born with HIV (March 2021 webinar)
- WRI 2019 - Women Living with HIV over the Long Term and Across the Lifespan (annual research meeting report)
- Surviving HIV Over the Long Term: The Past, Present, and the Future (2016 webinar - 2-part panel discussion)
  - Part 1
  - Part

The Well Project is a non-profit organization whose mission is to change the course of the HIV/AIDS pandemic through a unique and comprehensive focus on women and girls. Visit their website, https://www.thewellproject.org/, to access fact sheets (English and Spanish), blogs, and advocacy tools, and to join a global community of women living with HIV.

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http://beta.docker.poz.com/blog/women-growing-older-hiv-get-facts-speak