



VLOG: How I Contracted HIV

November 15, 2012 By [Shawn Decker](#)

So this is our 12th video for the vlog... and I hadn't really explained up until now how I contracted HIV. In the videos, I have mentioned living with HIV since childhood, but never discussed hemophilia or blood products or any of that stuff. It's kind of interesting approaching these videos the way we approach our talks- in those, we try to explain who we are and why sexual health is important in about 60 minutes. In our videos, it's one aspect of either our lives or sexual health in general, except that we only have about 4 minutes. (A self-imposed timeframe to work within.)

It's been fun, and it's been a challenge. Thanks for watching!

Positively Yours,
Shawn

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