Video Tip of the Day: Check Your Meds

January 8, 2012 By Shawn Decker

When Gwenn and I went to pick up my HIV medications, I made a video update in the car that was intended to be a joke of sorts about how long it can take to pick up meds. Then when we got home, and I made another video about what we discovered about my medication that wasn't so funny. Check out the videos, particularly the second one below. If you don't like Vlogs- then here's a spoiler: one of my drugs was in the wrong pill bottle. That's why it's very important for anyone who takes medication to know what their pills look like, and what they are called.

Positively Yours,
Shawn

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