



Two Minutes of Advice When Testing Poz

September 29, 2013 By [Mark S. King](#)

This is a clever social media campaign: Healthline, an online health community, has asked people who have been living with HIV to create videos for those who have recently tested positive, known as “You’ve Got This.” Think of it as “It Gets Better” for those with HIV.

Of course, I had to create a video in my own peculiar way -- something that demonstrates the sense of humor that has served me well over the course of 30 years living with HIV. Maybe my video will help someone you know.

To participate with a video of your own, visit the [Healthline site](#) for details.

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<http://beta.docker.poz.com/blog/two-minutes-of-advice>