# Turn It Up! A Valuable New Resource for People in Prison

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By Jennifer Morton (Managing Editor, POZ/AIDSmeds/Hep)

The Sero Project recently published Turn It Up!, a single-issue magazine for people living with HIV and/or hepatitis who are incarcerated.

According to the Center for Disease Control and Prevention, the rate of diagnosed HIV infection among inmates in state and federal prisons in 2010 was more than five times greater than the rate among people not in prison. People living with HIV and other health conditions often face stigma and discrimination, and when they are behind bars, they often have little or no resources or help.

Turn It Up! offers personal stories and advice from those who have been on the inside. It provides basics on HIV, hepatitis and diabetes, as well as information on nutrition, exercise, meditation and more. The issue also includes a 12-page resource guide.

Turn It Up! is much more than just a magazine. It's a labor of love from a committed group of advocates who understand how tough it can be for those serving time. It's also an empowerment tool to help those incarcerated improve and protect their health and welfare.

Click here to take a look:

For single or bulk copies of the one-time publication, please contact the Sero Project at info@seroproject.com or P.O. Box 1233, Milford, PA 18337.

The Sero Project is a network of people with HIV and allies fighting for freedom from stigma and injustice. For more info, visit seroproject.com.

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