Today is... A Day With HIV

A Day With HIV is the yearly, online event that encourages those who are out about their status to snap a selfie.

September 22, 2022 By Shawn Decker

A Day With HIV is a wonderful yearly event that encourages those who are open about their status to share a portion of their day with a selfie. Among the goals? Break down stigma. And give hope to the newly diagnosed and those struggling with their status. If that's you- just know that you are loved.

My contribution this year was taken at 2pm, EST, in my music room. My caption is: "Creating some music, doing some blogging... just being me with HIV! Happy, healthy me."

To check out other folks pics and submit your own, go to A Day With HIV. You can also check out the hashtag #adaywithhiv.

Positively Yours,

Shawn

IN CASE YOU MISSED IT ON POZ!

Some recent articles and news stories that I feel are worth a read:

National HIV/AIDS and Aging Awareness Day 2022

Watch Princess Diana's AIDS Advocacy Continue to Inspire

An Interview With the New Reunion Project Director Jeff Berry

Wellness is a Journey: Surviving COVID and HIV

SUPPORT THIS BLOG!

You're here, reading! That's support. So thank you! Bookmark this page and come back for more tales from a longterm survivor. Most of all, be kind to yourself as you are writing your next chapters in life while reflecting on the past.

Oh, hey, you're still here? If you're looking for a virtual tip jar then...

Buy G (Gwenn, my beloved partner) a Coffee.

She encourages me to write and share my life's lessons.

And I love her more than iced mochas.

Which is saying a lot!

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