



# The First Contradictions of a Positive Addict

May 3, 2009 By [Richard Ferri, PhD, ANP](#)

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1. I love being sober; I want to drink so fucking badly.
  2. AA saved my life; Fuck AA.
  3. Alcohol is my constant demon; Alcohol was my best friend.
  4. I hate being infected; I love being positive.
  5. My T cells keep me alive; I wish my T cells would fuck off.
  6. I feel my virus' rampage every second of every day; I never think about my infection.
  7. I am nothing more than a bag of tainted blood; I am invincible.
  8. I am a man; I can hardly claim to be a boy.
  9. I am tired of being infected; I wouldn't trade it for the world.
  10. I am hot and sexy; I am dirty and sick.
  11. Meth attempted to kill me on daily basis; I want another slam.
  12. I live my life as an open book; I wish I had more secrets.
  13. I am proud of my sobriety; I am ashamed that I cannot drink socially.
  14. I love AA meeting; I hate most of the people that attend the meetings.
  15. I am a complex man: I am a simple fool.
  16. I love very deeply; I bleed too little.
  17. I want to erase my past; I love living in the wreckage of my future.
  18. Being HIV positive is a gift from God for me to live with: God should have mined His own damn business.
  19. My days are fading and painful; I live a wonderful life.
  20. I see strength when I look in the mirror; My reflection is a fucking liar.
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