



How Do I Tell Someone About My HIV Status?

Check out the continuation of our Healthline collaboration. We discuss how to share your status!

May 7, 2018 By [David & Johnny](#)

Whether the person is a loved one or a sexual partner, disclosing an HIV-positive status to someone can be scary and stressful. It's normal to worry about their reaction or about encountering the stigma that surrounds HIV.

But it's important to be brave and speak up, not only for your well-being, but for your loved ones as well.

Here are some of my tips and advice on how to approach the subject. [READ MORE](#)

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<http://beta.docker.poz.com/blog/tell-someone-hiv-status>