



Take The GLAAD Celibacy Challenge

February 19, 2015 By [Shawn Decker](#)

Photo by Christina Fleming

Gwenn and I are taking the Celibacy Challenge in solidarity with our gay, blood-donating friends.

Would you give up sex for one year to donate blood?

When the FDA lifted the the gay blood ban, that was their caveat. GLAAD, with the help of Alan Cumming, brilliantly lampooned the decision to include the celibacy clause and offer some advice to any gay man who wants to donate blood but is rattled at the thought of an extended dry spell...

Thanks to Nina Martinez, my positoid pal, for tweeting about this video. Like me, she was infected with HIV early in life via tainted blood products. And, like me, she feels that risk assessment for blood donations should be based on behaviors, not sexual orientation. If you agree with us and enjoyed the video, then please sign [the Celibacy Challenge petition](#).

Positively Yours,
Shawn

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<http://beta.docker.poz.com/blog/take-the-glaad-celib>