



# VLOG: Symptom of Life Tour Part 1

May 5, 2010 By [Shawn Decker](#)

---

I'm switching over to Vlogging for the tour, unless it proves more difficult than I am anticipating. Either way, enjoy part 1 of a many-to-few-to-one part series!

Positively Yours,  
Shawn

---

© 2026 Smart + Strong All Rights Reserved.

<http://beta.docker.poz.com/blog/symptom-of-life-tour>