New iPhone version of iStayHealthy available

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The latest version of iStayHealthy - version 3.1.0 - is now available on iTunes. I put a number of new features as well as bug fixes in:

- iCloud backup/syncing of your iStayHealthy data.
- Images upgraded to Retina displays
- Users can modify their results dates, medication start dates
- Some bug fixes regarding Dropbox backup/restore
- Some improvements regarding usability
- Other bug fixes
- import data by email attachments (more about that in a separate blog).
- Finally, the branding of iStayHealthy is now linked to POZ.com.

Because of iCloud and other features, the new version of iStayHealthy is available only for devices with iOS version 5.1 upwards. I will send out a backward compatible version shortly.
If you have an iCloud account already: Go to the 'Settings' menu on your Home screen and select 'iCloud'. In there make sure that your 'Documents & Data' tab is set to 'On'.
And off you go.
At first load-up iStayHealthy may take a while to start-up, this is because iCloud is creating a list of all the things it needs to backup.

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