My Hep Story

October 24, 2014 By Shawn Decker

When people think of my medical conditions there tends to be a pecking order... HIV gets top-billing, then hemophilia (raise your voices, my fellow thinbloods!)... and at the end of the line is poor ol' hepatitis. Hep allowed me to share my story about how hepatitis has affected my life on their Hep Stories page.

It's been an interesting journey. As a kid, I forgot I even had hepatitis B because hemophilia cast a much bigger shadow on life. Then, as an adult living with HIV and dipping my toes into combination therapy, hepatitis C influenced my decision to take it easy on my liver and do a week on/week off schedule with my HIV medications. (Though I've been taking my HIV meds continuously and without interruption since 2013, I wrote about my week on/off strategy for POZ in 2009.)

See, there I go again. Linking to an article about HIV when this is supposed to be hepatitis's time to shine. I better wrap this blog entry before hemophilia starts to get jealous, causing a spontaneous nosebleed or an erection that lasts for more than 4 hours.

Positively Yours,
Shawn

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http://beta.docker.poz.com/blog/my-hep-story