



My Hep Story

October 24, 2014 By [Shawn Decker](#)

When people think of my medical conditions there tends to be a pecking order... HIV gets top-billing, then hemophilia (raise your voices, my fellow thinbloods!)... and at the end of the line is poor ol' hepatitis. [Hep](#) allowed me to share [my story about how hepatitis has affected my life on their Hep Stories page](#).

It's been an interesting journey. As a kid, I forgot I even had hepatitis B because hemophilia cast a much bigger shadow on life. Then, as an adult living with HIV and dipping my toes into combination therapy, hepatitis C influenced my decision to take it easy on my liver and do a week on/week off schedule with my HIV medications. (Though I've been taking my HIV meds continuously and without interruption since 2013, [I wrote about my week on/off strategy](#) for POZ in 2009.)

See, there I go again. Linking to an article about HIV when this is supposed to be [hepatitis's time to shine](#). I better wrap this blog entry before hemophilia starts to get jealous, causing a spontaneous nosebleed or an erection that lasts for more than 4 hours.

Positively Yours,
Shawn

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<http://beta.docker.poz.com/blog/my-hep-story>