My First Book Review! (Phew!) And Brownies from God's Love!

September 17, 2009 By Regan Hofmann

For some reason, I forgot that memoirs get reviewed. I think that's because I didn't make up "I Have Something to Tell You"--it's all true! Regardless, I am so grateful that blogger Melody Simpson (also a Jersey Girl, I discovered) liked it. So far, the book (which comes out Tuesday! Holy smokes!) has only been read by a handful of people who care enough to be honest with me, but who I suspect would be encouraging no matter what. After all, what is someone REALLY going to say? It's one thing to weigh in on a rough draft...another to remark on a fait accompli. Well, here's the link. Can't wait to hear what the rest of you think!

I am eating brownies from God's Love We Deliver, an amazing organization based on Spring Street in downtown Manhattan that feeds people in the Tri-State area who are too ill to go out and food shop and cook for themselves or to go out to eat. God's Love started feeding people who were dying from AIDS in the mid '80s and the organization has evolved to give nutritional support to people with many types of illnesses, including cancer, heart disease, diabetes and HIV/AIDS. But, the cool thing is that though they once fed HIV-positive people carb-rich meals to try to help them combat wasting disease and comfort food, as they were dying, today God's Love is feeding more and more positive people diets low in fat and high in protein; diets meant to bolster the immune system and support people nutritionally so they can get back on their feet and back out into the world. I've recently agreed to participate in God's Love Leadership Council and last night they had a dinner for a wonderful group of people who support the organization philanthropically. I co-hosted the dinner with a dear friend of mine, Michael Sennott, who is co-chair of the God's Love We Deliver board. And I got a chance to chat with long-time supporter of God's Love--Blaine Trump. What a lovely woman she is. Funny, whip-smart, gracious, so pretty and elegant. And totally devoted to helping those in need. The CEO of God's Love, Karen Pearl, was one of POZ Magazine's "35 Ones to Watch" three years ago and to see how she has expanded the capacity of the organization is a testament to her character--a character that led us to include her on the list. They serve thousands of meals a day, prepared by an army of about 1,400 volunteers. They save lives, and man, can they make a mean brownie.

I am now working on the feature story for POZ and an article that will appear in the New York Post this sunday. Before leaving Manhattan tonight, I interviewed Bernard Salome, Managing Director of an amazing organization based in Geneva called the Millennium Foundation that has clever, innovative, global solutions to raising more money to fight AIDS. Stay tuned for a web exclusive that I will post on POZ.com next week after I see the launch of Millennium's new Big Idea at the United Nations' General Assembly.

Okay, back to the brownies, and to writing!

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