Lab Results

May 22, 2008 By Shawn Decker

The big question in recent weeks wasn't whether or not Team Supersnack would defeat Kenneth Cole. It was how all the stress (caterpillar armageddon) would affect my immune system...

Well, the results are in! My viral load is undetectable. In January, it was less than 50 copies, so this is an improvement, and the ideal result. The t-cell count this time was 501- last time I was bragging about my highest count ever at 674. But the % this time was 28, (my doc says % is more important than count, which can fluctuate) which is the highest its been.

In short, the results were excellent. Which tells me that I need someone to feud with to be at my healthiest. I'll keep my eyes open.

Positively Yours,

Shawn

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