



iStayHealthy Maintenance release 4.0.1 for iPhone

August 6, 2014 By [iStayHealthy](#)

Following my recent release of iStayHealthy for iOS, version 4.0.0 I fixed a few bugs reported by users and added some feature which I hope will help saving and restoring data.

What's new:

- when the alert fires, the alarm badge didn't disappear even after exiting the app. This is fixed.
- Saved liver values turned up in 'Other' results rather than 'liver'. Fixed
- There was a problem with importing iStayHealthy data (e.g. via email attachments). Fixed
- A toolbar button ('cog' symbol - see screenshot below) has been introduced to allow local backup and restore. This may be useful when users want to switch between iCloud option enabled and disabled. Example: your iCloud option is set to 'Off', but you want to reenabling it.

The data can be transferred in 3 steps:

- tap the 'cog' symbol and select 'Save locally'
 - go to Settings app on the Home screen and select: iCloud->Documents & Data. In there change the settings for iStayHealthy
 - restart iStayHealthy, and in the local save/restore option ('cog' button) do a 'Restore locally'
- The Dropbox backup/restore option has the official Dropbox icon in the toolbar

NOTE:

Users with password enabled need to reset it when the upgrade to 4.0.1

NOTE for users upgrading from iStayHealthy 3.x

If you have problems seeing your data try the following

1. Exit iStayHealthy and open the 'Settings' app on your home screen
2. Select the 'iCloud' option. If you have an account, then scroll down and select 'Documents & Data'
3. In 'Documents & Data' - if 'On', try to set the switch for iStayHealthy to 'Off'
4. Exit Settings and restart iStayHealthy



