Erin Weed on the CBS Early Show

October 19, 2008 By Shawn Decker

Erin Weed of Girls Fight Back was on the CBS Early show, giving tips on women's self defense. Here's a clip:

You may remember the video I posted of her beating up someone in a big helmet. I foolishly taunted and challenged her, and she accepted. I laid low, and I thought in all of her travels she'd forgotten and I was off the hook...

Well, I got an ominous message from my friend, Weed: "I'm coming to Charlottesville, *this week.*"

I plan to get hopped up on clotting factor all week, just in case she launches a surprise attack. Still, I think my big trap may have finally done me in... stay tuned.

Positively Yours,

Shawn

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http://beta.docker.poz.com/blog/erin-weed-on-th