



Chicken Soup... for the Positoid Soul?

September 13, 2010 By [Shawn Decker](#)

I submitted a story for the [Chicken Soup series](#) a while back, detailing my journey with HIV and how I coped and survived pre-meds. Some of it was luck, some of it was an innate idea and the teachings of my parents that being down would only harm my immune system's attempts to protect me.

Well, the book is being published on September 28! It's called Chicken Soup for Soul: Think Positive. My story kicks off the Health section, and is entitled "I'm Positive... Really."

✘ With the distribution of this series, I'm happy to know that this story will reach some newly diagnosed people who might need a pick-me-up, one I am honored to provide. I also hope that by being included in such an omnipresent series, my take on life with HIV will open some minds as to the struggles (social, not medical) that some of us encounter.

Hope everyone had a great weekend!

Positively Yours,
Shawn

The Chicken Soup folks sent me a handful of copies. The next person to donate \$50 or more to my participation in the AIDS Walk Washington next month gets a copy!

✘ **[CLICK on ME AND GWENN TO DONATE to AIDS WALK WASHINGTON!](#)**

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Website: [ShawnandGwenn.com](#) Also check out the lovely [Gwenn's Fashion/Coffee Blog](#)

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