



# A Bloody Thank You!!!

March 9, 2009 By [Richard Ferri, PhD, ANP](#)

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A simple note. Today I was vertical, taking nourishment, AIDS medications, and not too many pain pills one week after being released from the hospital for my multiple trauma accident. As I was reviewing this past week I realized I received numerous transfusions in the hospital because of a major head wound and the nasty little fact that I bleed buckets of blood into my punctured right lung.

You know what? *The blood came from total strangers.* People who out the generosity of their hearts rolled up their sleeves and gave me their blood. They saved my life. I cannot even to begin to express my gratitude to these wonderful people. In a world when the worst of humankind is pointed out in painful detail there are people who feel (and rightly so) that they have a social responsibility to give their blood to help out strangers.

It is this simple but daring act of human generosity that is filling my heart and soul with gratitude tonight. I now have new heroes in my life and I thank God for them. Thank you strangers. The world feels a little more like home today because of your act of kindness and responsibly - and I bloody well mean it from the bottom of my fractured heart!

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