8 Tips for Taking Truvada as PrEP [VIDEO]

These pointers will help you get started on PrEP to prevent HIV.

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Take PrEP and stay negative. Sounds easy, right? It sure does—and it is!—but you'll need a few pointers before getting started on this HIV prevention method.

If you're sexually active and HIV negative and want to stay that way, watch this POZ video intro to Truvada as pre-exposure prophylaxis now. Then, if you still think PrEP is right for you, visit our PrEP Basics page for even more info. And to read all our coverage about Truvada, click #PrEP.

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http://beta.docker.poz.com/blog/8-tips-taking-truvada-prep