



HIV Prevention

# Post-exposure Prophylaxis (PEP)

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Antiretroviral drugs not only helps people living with HIV. It also plays a role in preventing transmission of the virus.

Post-exposure prophylaxis (PEP): PEP involves taking a short course of ARV drugs, usually for a month, after a high-risk exposure. To be most effective, PEP should be started immediately after possible exposure, waiting no more than 72 hours.

If you suspect a high-risk exposure to HIV—semen leaking out of a condom during intercourse with an HIV-positive insertive partner; receptive anal sex without a condom with a partner who is either HIV positive or whose status you do not know or you have shared drug-injection works with someone who is either HIV positive or whose status you do not know—contact your health care provider or local hospital emergency room as soon as possible.

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<http://beta.docker.poz.com/basics/hiv-basics/postexposure-prophylaxis-pep>