Our Positive Bodies, Ourselves

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Now in its eighth edition, Our Bodies, Ourselves (The Boston Women's Health Book Collective)—the best-selling reference manual for all aspects of women's health and sexuality—devotes an entire chapter to HIV/AIDS. (Read an excerpt at ourbodiesourselves.org.) Although details on the virus and treatment change rapidly, the book provides a springboard of information (and links to newer data). It's a perfect update for a new era of women looking to fight the epidemic and protect themselves. ($24.95, Simon & Schuster.)

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http://beta.docker.poz.com/article/women-health-hiv-17074-3895