



Is it true that adult men should get the human papillomavirus vaccine?

April 16, 2019 By [Lucinda K. Porter RN](#)

Yes, depending on their age. Until recently, the human papillomavirus (HPV) vaccine was recommended for teens and adults under 27 years-old. Last year, the Food and Drug Administration expanded this to [ages 27 through 45 years](#).

[HPV](#) is an extremely common virus that can lead to cancer, including cancer of the cervix, vulva, vagina, penis, anus, and rectum. HPV infection can also cause cancer of the throat, tongue and tonsils. Cancer risk increases in people with HPV who have weak immune systems, including those with HIV. Anal sex recipients are more likely to get anal HPV and develop anal cancer.

Condoms, properly used, are effective against HPV and other sexually transmitted infections (STIs). April is [STI Awareness Month](#), and a good time to learn more on the subject.

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<http://beta.docker.poz.com/article/true-adult-men-get-human-papillomavirus-vaccine>