The Joy of Sex

November 10, 2014 By Jennifer Morton

In the United States, sexual contact is the most common route of HIV transmission. We recently asked you about your sex life and how it may have changed since you became HIV positive. Twenty-one percent of you said you're having the same amount of sex since your diagnosis. Here are your other responses:

How many sexual partners have you had in the past year?
Zero – 24%
1 – 29%
2-3 – 19%
4-6 – 10%
7-9 – 4%
10 – 14%

How frequently do you have sex?
More than once a week – 16%
Once a week – 10%
A few times a month – 24%
A few time a year – 30%
Never – 20%

When you are having sex, do you think about your HIV status?
Always – 47%
Sometimes – 37%
Never – 16%

Do you disclose your HIV status before a new sexual encounter?
Always – 64%
Sometimes – 27%
Never – 9%

I prefer to have sex with someone who is…
47% HIV positive
6% HIV negative

47% It doesn’t matter

Since becoming HIV positive, my sexual confidence has...
11% Increased
66% Decreased
23% Not changed

70% of you said a sexual partner has rejected you because of HIV.

© 2026 Smart + Strong All Rights Reserved.
http://beta.docker.poz.com/article/survey-says-december-2014-26409-2365