



# Spring Reading

February 18, 2016 By [Trent Straube](#)

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Last year's HIV and hepatitis C outbreaks in rural Indiana put a spotlight on another national epidemic that's seldom talked about: injection drug use resulting from addiction to prescription painkillers. For an eye-opening account of this growing threat and how we got to this dangerous point, don't miss journalist Sam Quinones's *Dreamland: The True Tale of America's Opiate Epidemic*. The riveting read made many "best books of 2015" lists and unfortunately will only become more relevant.



Similarly, *Lust, Men and Meth: A Gay Man's Guide to Sex and Recovery*, by David Fawcett, PhD, sheds light on an addiction that continues to fuel HIV rates. As this important book explains, crystal meth holds a seductive sway over gay men and people with HIV. But Fawcett offers the hope of reclaiming both sobriety and a healthy sex life.



If American AIDS history is more your thing, then check out Yale professor John Whittier Treat's *The Rise and Fall of the Yellow House*. This fictionalized tale based on Treat's experiences recounts early days of the AIDS epidemic in 1980s Seattle while grappling with issues of addiction.

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