Here’s Free Info on PrEP Specifically for Trans Women and Men

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Click on the image to download a PDF of the booklet for transgender women; a Spanish version will be available soon.

A free educational booklet offers information about pre-exposure prophylaxis (PrEP) specifically for transgender women. Titled “Transcending Barriers for Safer Pleasure,” the resource is launched by Project Inform and Outshine NW.

In addition, Project Inform’s current booklet “Is Taking PrEP the Right Choice for You?” has been updated to include language and information for transgender men who have sex with men.

Free copies of both publications about the HIV prevention strategy called PrEP can be downloaded online and ordered from the Project Inform website.

The Project Inform press release states, “Though not uniformly collected throughout the US, current data show high rates of HIV infection among transgender women, while other data point to a high proportion of transgender women who continue to be unaware of their current status. According to the Centers for Disease Control and Prevention (CDC), a meta-analysis of 29 published studies show that 27.7 percent of transgender women tested positive for HIV infection. One study found that 73 percent of those who tested positive did not know their status. Further, higher percentages of infection occur among transgender women of color.”

That’s why these booklets are important resources for the transgender community. As the introduction to “Transcending Barriers for Safer Pleasure” states:

We believe that everyone is beautiful and deserves to have a sex life that is loving, consensual, passionate, pleasurable and free from concern about HIV. Because of that, we want to share information with you about an

HIV prevention strategy known as PrEP, or Pre-Exposure Prophylaxis. Unlike condoms, PrEP doesn't require the cooperation of your sex partners, so it puts the control over your health in your own hands. We believe that you deserve to know the facts so you can make the most informed decision for yourself. PrEP is an exciting and effective prevention tool, though it's not for everyone.

By the end of this book, you will:

1. *know how to find more information about PrEP;*

2. *know how to find an accessible healthcare provider;*

3. *know how to to ask for PrEP;*

4. *know where to get support to advocate for yourself if you run into any hurdles along the way; and*

5. *have a better idea whether PrEP is an HIV prevention tool you want to use.*

Project Inform fights the HIV and hepatitis C epidemics by ensuring the development of treatments and a cure; Outshine NW is a nonprofit that promotes LGBTQ health and equity.

For more information about PrEP, visit Project Inform.



Click on the image to download a PDF of the booklet for men and trans men who have sex with men.



Click on the image to download a PDF of the Spanish booklet fo men and trans men who have sex with men.

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