



# Web of Support

March 1, 2009 By Laura Whitehorn

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When you or a loved one faces a serious illness, it's critical to keep your circle of supporters updated—and to hear from them. That, however, can be time-consuming, especially when you need to be with family or at the hospital. A nonprofit called Caring Bridge ([caringbridge.org](http://caringbridge.org)) makes it quick and easy by offering a free website that connects your loved ones. You can even designate someone else to post news (and photos) and check messages.

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<http://beta.docker.poz.com/article/online-support-16119-8383>