Mikey Bessette

October 16, 2015

Tampa, Florida
Positive since 2011

My story can be found in this video. Please watch.

What three adjectives best describe you?
Honest, loyal and romantic

What is your greatest achievement?
Staying strong and striving to be a better person

What is your greatest regret?
No regrets

What keeps you up at night?
Overthinking the small things

If you could change one thing about living with HIV, what would it be?
The stigma—it sucks.

What is the best advice you ever received?
Keep your heart open.

What person in the HIV/AIDS community do you most admire?
I don’t know many openly positive people.

What drives you to do what you do?
Success

What is your motto?
The meaning of life is to find your gift. The purpose of life is to give it away.

If you had to evacuate your house immediately, what is the one thing you would grab on the way

out?
Photo albums

If you could be any animal, what would you be? And why?
A giraffe. They are so gentle.

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