Red Eye?

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Many people with HIV rate medical marijuana more effective than OTC medications for neuropathy, diarrhea, anxiety and depression according to a multicountry study produced by nurses. However, these caregivers caution that the euphoria produced by marijuana could have skewed the survey.

If you are among those who choose medical MJ over pills to ease some HIV-related problems, though, here's a clear message. Eye drops called Irie Eyes (irieeyes.com) may remove the red from eyes that appear bloodshot after you smoke weed. The FDA-approved product is named for a Rasta word meaning at peace, copasetic or—aptly—positive. (But be warned: California recently added MJ smoke to the list of cancer-causing substances, saying the stuff contains 33 of the harmful ingredients also found in cigarette smoke.)

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