Can Hypnosis Tame PN Pain?

You’re getting sleepy...and feeling good.

September 1, 2008 By Laura Whitehorn

Anyone who’s failed to find a remedy for the painful tingling of peripheral neuropathy (PN) might want to try hypnosis. In a preliminary test, 41 HIV-positive PN sufferers found relief lasting seven weeks after self-hypnosis. If this trial arouses your interest (and you’re in New York City), learn more from Mount Sinai School of Medicine’s Neuro-AIDS Program, 212.241.0784. If you’re not in the area, stay awake for updates on the trial’s progress.

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http://beta.docker.poz.com/article/hypnosis-tame-pain-15133-4006