



Hep C Treatment Adherence Matters Among those Coinfected with HIV

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Pegylated interferon and ribavirin treatment is rarely a pleasant experience, but the best chance of having to go through it only once for hepatitis C is to take its required medications exactly as prescribed, according to new data involving individuals coinfecting with HIV published in *AIDS and Behavior* and reported by aidsmap. According to the study, which involved a review of 333 U.S. veterans coinfecting with HIV and hepatitis C who received pegylated interferon/ribavirin treatment between 2001 and 2006, those with the highest levels of adherence to both medications during the first 36 weeks of treatment were significantly more likely to achieve a sustained virologic response (SVR), or viral cure. Roughly 27 percent of the coinfecting patients with genotype 1 or 4 in the review achieved an SVR. “Future studies should examine additional risk factors for non-adherence and evaluate interventions to maximize adherence to HCV therapy in this population,” the researchers conclude.

To read the aidsmap article, [click here](#).

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