Concerns: Private Time

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Young people may avoid seeking sexual and reproductive health care out of concern that their parents will find out about it. A Centers for Disease Control and Prevention analysis of 2013 to 2015 health survey data about 15- to 25-year-olds found that 7 percent said they would not seek such health care services due to confidentiality concerns. This finding included a respective 18 percent, 7 percent, 4 percent and 2 percent of those 15 to 17 years old, 18 to 19 years old, 20 to 22 years old and 23 to 25 years old. Driving these concerns was the fact that many young people are insured through their parents' workplace-based health plans. Those who had private time with a clinician—only 38 percent of the youngest age bracket did—were more likely to receive sexual or reproductive health care than those who did not.

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