“Beneath the Briefs” Podcast Talks Modern Dating and HIV Sexual Health

Hosted by sexual health advocates at Prism Health North Texas, the show covers HIV prevention with special guests every episode.

February 22, 2024 By Laura Schmidt

The podcast Beneath the Briefs recently kicked off its third season discussing HIV prevention via topics such as sex and culture.

The podcast, which airs every other Wednesday, was developed by Prism Health North Texas (PHNTX), a leading health care organization and is hosted by the organization’s policy, advocacy and community engagement coordinator, Natassia Radford, and its community engagement manager, Marquesse Banks, MPH.

“Let’s Talk About PrEP,” “I’m Allergic to Sex!” and “The C Word” (consent!) are just a few episode titles. Some other notable episodes discuss HIV stigma and how it affects LGBTQ, Latino and Black communities.

Founded in 1986, PHNTX offers a range of health care services, including transgender primary care, linkage to community resources, and testing and treatment for HIV and other sexually transmitted infection (STIs).

One of the podcast’s newest episodes, “Back to Basics: Condoms,” links listeners to FreeNicePackage.com, a PHNTX-run website that discreetly delivers free condoms and at-home HIV self-test kits to anyone living in Texas. The site also features resources and facts on topics such as hepatitis, HIV and other STIs, AIDS, viral suppression and more.

Following the success of Beneath the Briefs, PHNTX created A Calzón Quitado, a podcast in Spanish for the growing Latino community in the United States.

Visit Prism Health North Texas’s website to listen to Beneath the Briefs, or subscribe on Spotify, Apple Podcasts, Google Podcasts, Breaker, RadioPublic or Overcast.

In related POZ News, check out “Listen to Untold HIV Stories in ‘Blindspot: The Plague in the

Shadows'" about a new podcast that explores the vulnerable communities in New York City where the HIV epidemic first took root. It reads in part:

> "GRID," "the Monster," "the Gay Plague." In the early 1980s in New York City, vulnerable communities had several names for the mysterious illness decimating their members, especially African-American, Latino and LGBTQ people. Now known as HIV, the virus that can progress to AIDS is the subject of Blindspot: The Plague in the Shadows, the latest season of a free podcast series coproduced by WNYC Studios, part of New York Public Radio, and The History Channel in collaboration with the magazine The Nation. (Previous Blindspot seasons explored the road to 9/11 and the 1921 massacre of a Black community in Tulsa, Oklahoma.)

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