Zerit Dosing

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A French study tried lowering 66 HIVers' doses of the nuke Zerit (d4T) by 10 mg a dose to see if they could keep fighting HIV but avoid the med's fat-loss and peripheral-neuropathy (nerve damage) side effects. After a year, most had kept their HIV viral loads in check, indicating that lower doses may keep Zerit zipping—without zee extra baggage, bébé.

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http://beta.docker.poz.com/article/Zerit-Dosing-1898-8205