



Wishful Thinking

Six HIVers tell POZ what's missing in their lives...and we pick out the perfect gift for each

December 1, 2003 By Kayreth Williams

“For Christmas, I want the pain in my feet from neuropathy to go away.”

—Rosalinda Arroyo, Springfield, Mass.

Treat your feet to a pair of Orvis' Plush Slippers (www.orvis.com, \$30/pair). The comfort—and cuteness—are almost criminal.

“All I want for Christmas is something that hugs my buns just right while providing a little lift for perkiness.”

—Tony Valenzuela, Los Angeles

Leather pants will take your buns to new heights (www.mr-s-leather-fetters.com, prices vary), but don't forget the baby powder!

“I'd like to have my health and strength this holiday season.”

—Ida Byther-Smith, Chicago

Join Harry and David's Fruit-of-the-Month Club (www.harryanddavid.com, \$75 and up) and chow down on a bushel of revitalizing fruit, delivered monthly to your doorstep.

“I'd like a book on the power of prayer, meditation and having hope.”

—Donald Kevin Graham, Boston

How about Love in the Time of HIV, by Michael Mancilla (www.amazon.com, \$11.87). According to Maryann Sinnott of Edison, NJ, “Of the few books written for HIVers, I can relate to this one.”

“I would like to have a better quality of life, in the sense of spirit, mind and body.”

—Nathaniel Scruggs, Baltimore

A gym membership is how Loryn Pederson from Los Angeles suggests keeping healthy. We

recommend your local YMCA (www.ymca.net, prices vary), where it's fun to play and often cheaper than the competition.

“With the gift of music, I can escape into a world where I am truly free.”

—Larry Day, Boston

Listen to The Essential Leontyne Price Spirituals, Hymns and Sacred Songs (www.barnesandnoble.com, \$19.78). It gives Peter Byrd of Douglasville, GA, “hope, introspection and a drug-free way of mood alteration.”

© 2026 Smart + Strong All Rights Reserved.

<http://beta.docker.poz.com/article/Wishful-Thinking-734-1028>