



The Skinny on Metabolic Complications

March 8, 2007

AIDSmeds founder Peter Staley interviewed Dr. Donald Kotler, chief of gastroenterology at St. Luke's-Roosevelt Hospital in New York, and a longtime researcher of wasting, lipodystrophy, and metabolic problems in people with HIV. Kotler discusses TH-9507, an experimental drug for reducing fat around the gut; Fosamax helping with bone loss in HIVers; high-fat diets in people with HIV; and whether lipid-lowering drugs work well for HIVers.

Double click for the full interview (21 minutes):

Content no longer available

Or hear part I about [TH-9507](#), an experimental drug for reducing fat around the gut (8 minutes):

Content no longer available

Or hear part II about [Fosamax](#) helping with bone loss in HIVers (6 minutes):

Content no longer available

Or hear part III about [high-fat diets](#) in people with HIV (2 minutes):

Content no longer available

Or hear part IV about whether [lipid-lowering drugs](#) work well for HIVers (5 minutes):

Content no longer available

Or [click here](#) to read the full transcript of the interview.

© 2026 Smart + Strong All Rights Reserved.

<http://beta.docker.poz.com/article/The-Skinny-on-Metabolic-Complications-11470-7013>