# The Right Moves

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A few steps forward, a jump back, a surprise event that leaves you spinning—treating and beating HIV can be a perilous dance. For 10 years (and counting) *POZ* has been your partner—leading to urge you forward, following to catch you if you fall and always stepping to the tune: *Here's information to help you make good health decisions.* Only the cure will cut in!

Until then, we'll keep tripping the treatment tango with you, with the poise and precision of these dancers from the company of HIVers Bill T. Jones and the late Arnie Zane. For our 10th anniversary Partner, we offer you a dance card of lists of 10 to make your life with HIV easier, healthier and maybe a little more graceful.

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