The Big Queasy

A lollipop gives nausea the sucker punch

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A lovely yearlong vacation from HIV meds sent my CD4s packing, so I had to restart my combo. Nausea from the Norvir booster lurched in right away. But I found a new solution: little lollipops and hard candies called Queasy Pops and Queasy Drops. Each batch includes several flavors, from ginger and sour raspberry to green tea with lemon (the ginger worked quickest for me). The lollies and drops contain sugar, which won't suit all diets, but just one soothed my stomach. Order them from www.threelollies.com, or call 866.773.4433. The website also lists stores that sell the candy, at about $4 a box. Sweet. —***Pete Erlin, Yonkers, New York***

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