Spirit Guide

How they found the light

September 1, 2005 By David Evans

Leo Egashira
Seattle, WA
Diagnosed 1992

Board member of Dignity USA, one of the nation's largest group representing lesbian and gay Catholics

THE NEED: "When I got the diagnosis in 1992, it devastated me. It's difficult to sort out what part of it was a spiritual crisis. But I think it's that moment where you feel like Jesus on the cross, saying 'God, why have you abandoned me?'"
THE CREED: "Spiritually based support groups were enormously helpful to me."

Kellie Caspar
Atlanta, Georgia
Diagnosed 2000

THE NEED: "I had already worked through so much—and it gave me a way to cope. There are still times I rail at God, but most often I am almost grateful for my diagnosis, because it truly helped me to put life in perspective."
THE CREED: "My greatest comfort is my friends, my family and my walk with God. I know it sounds corny—and I would have rolled my eyes at that six years ago—but it's the truth."

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