Soccer as HIV Prevention in Kenya

September 8, 2010

Sports, particularly soccer programs, are good HIV prevention tools, according to a study by Football for an HIV-free Generation and reported by PlusNews. Because sports have such wide appeal, they can be used to develop leadership skills and healthy habits among at-risk youths. The article highlights the work of the Mathare Youth Sports Association, which links sports with HIV prevention among 20,000 youngsters through the Football for Hope Center in Nairobi, Kenya, which was built by FIFA, the international governing body for soccer.

To read the PlusNews article, click here.

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