Farmers With HIV Cultivate Sweet Potatoes in Rwanda

June 14, 2012

Farming cooperatives for people with HIV are on the rise in Rwanda, AllAfrica reports. Organized by the Forum for Agriculture Research in Africa, these cooperatives help their members—largely a mix of young and elderly women—become physically fit and financially stable. Their primary crop is the sweet potato, a staple due to its quick maturation, adaptability to local climates and high nutritional value. The sweet potato's rich supply of vitamin A is particularly valuable, as vitamin A deficiency is a leading cause of blindness and premature death in Africa among pregnant women and children ages 5 and younger.

To read the AllAfrica article, click here.

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