



POZ Picks: The Complete Bedside Companion

April 1, 1998 By Dick Scanlan

The Complete Bedside Companion

No Nonsense Advice on Caring for the Seriously Ill

by *Rodger McFarlane and Philip Bashe*

(Simon & Schuster)

Balancing an attention to detail that rivals Martha Stewart with a wit that tops Erma Bombeck, McFarlane and Bashe have written a comprehensive manual on how to care for the critically ill. For those of you who operate on the *Terms of Endearment* model, this book will teach you easier and more effective methods to ensure the comfort of your loved one. From the initial chapters on doctors, hospitals and nursing -- "Sidestepping Hospital Visiting Policies," "How to Give a Four-Star Bed Bath," "How to Make an Occupied Bed" -- through the later chapters on specific illnesses (including cancer, traumatic brain injury and up-to-the-second AIDS info), this "how to" with heart is a must-buy for any potential caregiver or any care receiver.

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