



# Mixed Signals

June 1, 2002

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Several HIV meds may have negative interactions with the hormones in the Pill (ethinyl-estradiol, or E-E):

## PROTEASE INHIBITORS

- **Agenerase** (amprenavir): may decrease E-E levels. Dose change? Consult your doc.
- **Crixivan** (indinavir): moderately increases E-E levels in the blood. Dose change? No.
- **Norvir** (ritonavir): significantly decreases E-E, making the Pill less effective. Dose change? Talk to your doctor about increasing Pill dose or try additional method of birth control.
- **Viracept** (nelfinavir): same as Norvir.

## NNRTIs

- **Sustiva** (efavirenz): increases E-E by 37 percent. Dose change? Consult your doc.
- **Viramune** (nevirapine): significantly decreases E-E, making the Pill less effective. Dose change? Talk to your doctor about increasing Pill dose or try additional method of birth control.

*For more information, see the drug-interaction chart at [www.projectinform.org](http://www.projectinform.org).*

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