# Mixed Signals

June 1, 2002

Several HIV meds may have negative interactions with the hormones in the Pill (ethinyl-estradiol, or E-E):

**PROTEASE INHIBITORS**

- **Agenerase** (amprenavir): may decrease E-E levels. Dose change? Consult your doc.
- **Crixivan** (indinavir): moderately increases E-E levels in the blood. Dose change? No.
- **Norvir** (ritonavir): significantly decreases E-E, making the Pill less effective. Dose change? Talk to your doctor about increasing Pill dose or try additional method of birth control.
- **Viracept** (nelfinavir): same as Norvir.

**NNRTIs**

- **Sustiva** (efavirenz): increases E-E by 37 percent. Dose change? Consult your doc.
- **Viramune** (nevirapine): significantly decreases E-E, making the Pill less effective. Dose change? Talk to your doctor about increasing Pill dose or try additional method of birth control.

*For more information, see the drug-interaction chart at www.projectinform.org.*

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http://beta.docker.poz.com/article/Mixed-Signals-889-4672