Missed Doses

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Due to poor adherence, HAART may not work for about 50 percent of HIVers, according to docs at a confab in May. And HIVers aren't alone: In one study, only half of health care pros on a month of PEP were able to adhere to dosing schedules. Stigma (keeps you from pulling out your pills at a dinner party), depression and fear of lipo are obstacles to adherence, the docs said. And those on public assistance fail to refill 'scripts for HIV meds because they've had it up to here with bureaucratic BS.

What helps? Docs telling patients about dosing choices, patients talking back about adherence problems. Can you say "communicate"?

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