



Lipostylin'

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Lipo needn't limit a beach-day bash. Lightweight linen provides a cool cover-up for humps and paunches:

Ladies: Pair a long-sleeve tunic top or dress (\$17.99; www.target.com) with drawstring capri pants (\$14.99; www.target.com) to mask bulges or scrawniness.

Gents: An oversize classic button-down shirt makes a beachy cover-up (\$24.50 and up; www.oldnavy.com), and loose drawstring pants (about \$30; www.gap.com) can camouflage lipo'd legs. In the water, board shorts—in large, bold patterns—cloak reduced rears and thinning thighs.

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<http://beta.docker.poz.com/article/Lipostylin-2004-9980>