Lipostylin’

August 1, 2005 By Nick Burns

Lipo needn’t limit a beach-day bash. Lightweight linen provides a cool cover-up for humps and paunches:

Ladies: Pair a long-sleeve tunic top or dress ($17.99; www.target.com) with drawstring capri pants ($14.99; www.target.com) to mask bulges or scrawniness.

Gents: An oversize classic button-down shirt makes a beachy cover-up ($24.50 and up; www.oldnavy.com), and loose drawstring pants (about $30; www.gap.com) can camouflage lipo’d legs. In the water, board shorts—in large, bold patterns—cloak reduced rears and thinning thighs.

© 2026 Smart + Strong All Rights Reserved.

http://beta.docker.poz.com/article/Lipostylin-2004-9980