



Facing Discrimination

March 21, 2013 By Jennifer Morton

One of the challenges of living with HIV is dealing with HIV-related stigma and discrimination. According to our December 2012 survey, 86 percent of our readers have experienced discrimination in some form or another. When discrimination takes place, it's important to know your rights and to stand up for yourself (or others) whenever possible. By doing so, you can help educate others and help fight HIV-related stigma.

Have you experienced HIV-related discrimination...

...from a friend or family member?

68% - Yes

32% - No

...at your workplace?

43% - Yes

57% - No

...at a doctor's office or other health care facility?

54% - Yes

46% - No

...at your church or place of worship?

18% - Yes

82% - No

Have you ever filed a formal complaint against someone for HIV-related discrimination?

17% - Yes

83% - No

60% of POZ readers have stood up to someone for HIV-related discrimination.

Has the fear of HIV-related stigma or discrimination prevented you from disclosing to...

73% - Boss or Coworker

68% - Family Members or friends

49% - Potential sexual partners

29% - Health care professionals

What's the biggest driver of HIV-related stigma and discrimination?

52% - Lack of education

28% - Fear

14% - Homophobia

6% - Other

26% of you said fear of HIV-related stigma or discrimination prevented you from seeking treatment.

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<http://beta.docker.poz.com/article/HIV-stigma-discrimination-23688-3382>