



The Wire

How you can plug into vital HIV information—even if you don't have a computer

April 1, 2008 By Laura Whitehorn

- 1.** Your local AIDS service organization may have computers you can use; others will find and print info for you. Find articles and fact sheets from POZ.com and AIDSmeds.com at clinics and organizations. (Prisoners: Your counselor or clinic can get these.)
 - 2.** Use a computer at your local public library.
 - 3.** Buy computer time at an Internet café. Prices vary (from \$3 an hour in some places to \$13 in others); discounts and memberships are often available.
 - 4.** Ask your doctor's office or clinic to look up or print articles for you.
 - 5.** Request HIV info from the U.S. Department of Health and Human Services, by mail or phone: AIDSinfo, P.O. Box 6303, Rockville, MD 20849-6303; 800.448.0440—in Spanish, too.
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<http://beta.docker.poz.com/article/HIV-info-online-14243-5359>