SpiceBoy

April 1, 2004

My combo uses Norvir (ritonavir) as a booster. The combo's working great, but Norvir nauseates me slightly (and the new high price makes me *really* queasy!). I keep pop- corn and crackers, which seem to help absorb extra stomach acid, handy at work. But the true miracle cure is cinnamon. I break off a piece of cinnamon stick (from the spice rack) and suck on it. The stick needs to soften up in your mouth, and it's not quite the bright cinnamon flavor you expect, but it ends up tasting pretty good. Best of all, after about 20 minutes, the nausea's gone.

--Gary Petonke, New York City

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